

LA HEALTH & REJUVENATION

[HTTP://WWW.LAHEALTHANDREJUVENATION.COM](http://www.lahealthandrejuvenation.com)

Blood Work Panels Needed

- CBC (complete blood count)
- Lipid Panel (cholesterol)
- Comprehensive Metabolic Panel (liver)
- IGF-1 (insulin growth factor)
- Testosterone Total

If over 40 years of age

- PSA (prostate)

Females will need:

- Pregnancy test (HCG beta)
- Estrodial